



**EMOTIONAL ADJUSTMENT OF ADOLESCENCE GIRLS OF RURAL  
AND URBAN AREA AT GONDIA DISTRICT**

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**ABSTRACT :**

The study was under taken to study the emotional adjustment of Adolescence of urban and rural area. The sample of the study comprised of 100 Adolescence girls, were 50 Adolescence girls from rural areas and 50 Adolescence girls from urban areas. For rural area randomly selected three blocks of Gondia Dist. (Salekasa, Amgaon, Goregaon) three high schools were selected from this three blocks. For urban areas randomly selected three high schools of Gondia city of Gondia District. The age group is 13 to 15 years. Adjustment inventory for school Student (AISS) by Prof. A. K. P. Sinha (Patna, India) was used to assist the Adjustment level of children. Data was analyzed by percentage and Statistical analyze.

**Keywords**

Adolescent. Emotional adjustment, Rural, Urban,

**INTRODUCTION :**

The image of adolescence as a time of storm and stress, Intense moodiness and pre occupation with the self has permeated both professional and lay perspectives on this developmental period.<sup>2</sup> Emotions plays a vital role in a well personality development. Adolescent emotions (stress) are a Major concern because of its link to various maladaptative physical behavioral, social and emotional outcomes. For examples, higher levels of emotions in adolescents have been linked to depression Suicidal behavior, anxiety, externalizing behavior such as aggressions and anti social acts, and a heightened risk of drug and alcohol abuse.<sup>4</sup> So that is the current was undertaken to emotional adjustment level of rural and urban areas adolescent girls. Young people's emotional well being is In its own right but because of emotions play a significant role in learning. How we are affects we do, how we do





and how we get on, how we cope, the people we become and the world we create. According to buck (1984) Emotions are “Read- Out mechanism” because they provide information to us about our status in relation to the world .

**OBJECTIVES:** 1. To study the emotional adjustment of adolescence girls of rural area. 2. To study the emotional adjustment of adolescence girls of urban areas. 3. To find the mean differences of social adjustment of adolescence girls of urban and rural areas.

**HYPOTHESIS :** 1. There is no significant difference between the adolescence girls of rural and urban areas. (percentage wise ) 2. There is no significant differences between the adolescence girls of rural and Urban areas. (Mean wise )

#### **MATERIAL AND METHOD :**

**Source Of Data :** Data will be collected from the adolescence girls of rural and urban areas.

**Setting:** The study will be conducted in randomly selected three high schools from rural area and three high school from urban areas.(Gondia dist.)

**Sample Size:** Total 100 adolescence girls were selected for data collections 50 Were rural areas , 50 were urban area.

**Tools And Procedure:** 1. The researcher had taken the permission from principal of selected high school. 2. One general information schedule was use for collect the general data. 3. Adjustment Inventory for school student (AISS) by Prof. A. K. P. Sinha (Patna, India) and Prof. R. P. Singh (Patna, India)was used for data collection. 4.A survey method was used general information were collected with the help of school visit and the data were collected with the help of home visit.





### **RESULT AND DISCUSSION :**

The emotional adjustment of adolescence girls of rural and urban area was categorized in to excellent, good, average, unsatisfactory, very unsatisfactory. Table no 1 was shows categorization.

According to statistical analysis the mean score of adolescence girls is 3.26 while the mean score of urban adolescence girls is 2.74. Similarly the S.D. of rural adolescence girls is 3.06 and the S.D. of urban adolescence girls is 2.22, it means that there

### **CONCLUSION :**

1. Percentage wise there is no significance difference in the emotional adjustment between adolescence girls of rural and urban areas.
2. There is no significance difference in the emotional adjustment of adolescence girls of rural and urban areas.

### **REFERENCE :**

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**Table no.1** Distribution of adolescence girls of rural and urban area according to category of emotional adjustment.

category	description	Rural		Urban	
		Frequency	Percentage	Frequency	Percentage
A	Excellent	28	56	25	50
B	Good	13	26	17	34
C	Average	5	10	8	16
D	Unsatisfactory	1	2	--	--
E	Very unsatisfactory	3	6	--	--
	Total	50	100	50	100

**Table no.2** Mean and standard deviation of adolescence girls of rural and urban areas

Group	Mean	S.D.
Adolescence girls of Rural Area	3.26	3.062
adolescence girls of urban areas	2.74	2.229

**Table no.3** Comparison of Emotional adjustment of adolescence girls of rural and urban areas

S.N.	Group	N	M	SD	Calculate t - value	Table t- value		significance
						0.05	0.01	
1	adolescence girls of rural area	50	3.26	3.06	0.9707	1.98	2.63	not significant of 0.05 level
2	adolescence girls of urban area	50	2.74	2.22				

